



THE NATIONAL MENTAL HEALTH AMERICA BELL STORY

“Cast from shackles which bound them, this bell shall ring out hope for the mentally ill and victory over mental illness.” (Inscription on NMHA Bell) During the early days of mental health treatment, asylums often restrained persons with mental illnesses by iron chains and shackles around their ankles and wrists. With better understanding and treatments, this cruel practice eventually stopped. In the early 1950’s, the National Mental Health Association, now National Mental Health America, issued a call to asylums across the country for their discarded chains and shackles. On April 13, 1953, at the McShane Bell Foundry in Baltimore, MD, NMHA melted down these inhumane bindings and recast them into a sign of hope: the Mental Health Bell. Now the symbol of NMHA, the 300-pound Bell serves as a powerful reminder that the invisible chains of misunderstanding and discrimination continue to bind people with mental illnesses. Today, the Mental Health Bell rings out hope for improving mental health and achieving victory over mental illnesses.

Over the years, national mental health leaders and other prominent individuals have rung the Bell to mark the continued progress in the fight for victory over mental illness.

2400 Reading Road, Cincinnati, OH 45202

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www.mhaswoh.org

513-721-2910

MHASWOH is dedicated to promoting mental health, working to prevent mental illness and substance abuse through advocacy, education, and supportive services. MHASWOH serves the following counties of Southwest Ohio: Adams, Brown, Butler, Clermont, Clinton, Fayette, Greene, Hamilton, Highland, Montgomery, Preble, and Warren.

Agency Listings Groups, 2010

Adoption Connection, 11223 Cornell Park Drive, Cincinnati, OH 45242, 513-489-1616. A local, Ohio licensed adoption agency, gives you the support you need to grow your family through adoption, including identified, relative, and step-parent adoption. Home studies, classes to guide you through the adoption process, and birth parent counseling. Welcoming all regardless of number of children, religion, race, sexual orientation, marital status, or age. www.adoptioncincinnati.org.

Alcoholism Council of the Cincinnati Area, NCADD, 2828 Vernon Place, Cincinnati, OH 45219, 513-281-7880. Bilingual Clinical Specialists, CDCA, provide educational programs for alcohol and other drug clients or families - assessments, preventative programs and some advocacy, depending on the need. All programs are available in Spanish (Hablo Espanol). www.alcoholismcouncil.org.

Allegheny West Conference of Seventh-day Adventist, 1339 East Broad Street, Columbus, OH 43205, 800-238-9707 Ext. 30. Disabilities issues and mental health emphasis, Support group is selfhelp, not for training purposes.

Alpha II Housing Alternatives, Inc., 5108 Reading Road, Cincinnati, OH 45237, 513-793-4492. Our mission is to offer a variety of housing options for those individuals who require an environment that will provide support, guidance and socialization.

Alzheimer's Association, Greater Cincinnati Chapter, 644 Linn Street, Suite 1026, Cincinnati, OH 45203, 513-721-4284, 1-800-272-3900 (24-hour). Our mission: Committed to support, education, advocacy and research on behalf of those affected by Alzheimer's disease. www.alz.org/cincinnati.

American Foundation for Suicide Prevention of Greater Cincinnati, 513-383-7679. Funds research and develops other initiatives toward the prevention of suicide. Offers educational materials and conferences for survivors, mental health professionals, physicians and the public. www.afsp.org.

The Amyotrophic Lateral Sclerosis Association, Lou Gehrig's Disease, 1170 Old Henderson Road, Suite 221, Columbus, OH, 859-781-8555. Distribution of educational information, equipment loan closets, support groups, nurse/sw consultations, monthly newsletter, and lending library. www.alsohio.org.

The Arc Hamilton County, 801A West 8th Street, Suite 400, Cincinnati, OH 45203, 513-821-2113. Advocates for the rights and full participation of all people with intellectual or developmental disabilities through targeted services, which include: information & referral, individual case advocacy, parent education and training, and public policy and advocacy. www.archamilton.org.

be!, Offices in Newport, KY, Milford, Monfort Heights and Montgomery, OH. Call for office locations. 859-261-9000. Premium counseling, coaching, and concierge services for individuals, couples and children. be! also offers educational seminars and assessments for corporate wellness programs. www.besimplifybe.com

Beech Acres Parenting Center, 6881 Beechmont Avenue, Cincinnati, OH 45230, 513-231-6630. Offers a wide range of educational and support programs as well as innovative mental health services to children, parents, families, schools and communities. www.beechacres.org.

Burlington Baptist MOPS (Mothers of Pre-schoolers), 3031 Washington Street, Burlington, KY 41005, 859-586-6529. The purpose of MOPS is to nurture every mother of pre-school children by meeting her distinct needs.

Butler Behavioral Health Services, 1490 University Boulevard, Hamilton, OH 45011, 513-881-7189. Provides outpatient services for children and adults through the Hamilton Counseling Center and Middletown Counseling Center. BBHS also provides intensive home-based interventions (WINGS), multi-dimensional treatment, foster care (Main Sail) and supportive employment services (Work Place Associates)

throughout Butler and Warren Counties 24/7 county-wide consultation and crisis intervention available. www.bbhs.org.

Butler County Mental Health Board, 5963 Boymel Drive, Fairfield, OH 45014, 513-860-9240. The Butler County Mental Health Board fosters the development of a comprehensive community mental health system, based on recognized local needs, and encourages the development of high quality, cost effective, culturally sensitive, and comprehensive services.

Butler County Rape Crisis Program, Oxford & Hamilton: 513-523-4146, Fairfield and West Chester: 513-894-7002, Middletown: 513-424-5498. 24 Hour crisis intervention at Butler County hospitals, community outreach and education; prevention education in schools; services for Spanish speaking victims. www.helpandhealing.org

Butler County 211, Dial 211 from any land line in Butler County 24 hours a day for confidential information and referral services to help locate community resources.

Butler County United Way, 323 North Third Street, Hamilton, OH 45011, 513-863-0800. Butler County United Way is focused on making a significant impact in our community as a whole and in each resident of our service area. Strengthening Communities... One person at a time. www.bc-unitedway.org

CASA for Clermont Kids, 313 E. Main Street, Batavia, OH 45103, 513-735-7233. Provides advocacy services for abused and neglected children, training provided. www.casaforclermontkids.org.

CHADD, Children and Adults with Attention Deficit Disorder of Suburban Cincinnati, The First Baptist Church of Mason, 735 Reading Road, (Rt. 42), Mason, OH 45040, 513-459-6080. Provides: speakers, information, support and education to parents, medical and educational professionals.

Camelot Community Care, 7162 Reading Road, Suite 300, Cincinnati, OH 45237, 513-961-5900. Provides home and community based mental health and substance use counseling and case management services for children and adolescents aged 3-18 in Hamilton and Clermont Counties. www.camelotcommunitycare.org.

Cancer Family Care, 2421 Auburn Avenue, Cincinnati, OH 45219, 513-731-3346. Helps children, adults and families cope with cancer and loss. Services include psychotherapy, case management, support, advocacy and education. www.cancerfamilycare.org

Caregiver Assistance Network (CAN), a program of Catholic Charities, 100 East 8th Street, Cincinnati, OH 45202, 513-929-4483., Butler, Clinton and Warren Counties: 800-606-2560. Offering support groups for people who provide care for someone who is frail, elderly or disabled. Open to all faiths. Trained facilitators, counseling, CAREline-phone assistance, newsletters and caregiver services available. We now have an interactive caring matters support group at www.catholiccharitiesswo.org/can Call for information and to register.

A Caring Place Pregnancy Help Center, 4446 Mt. Carmel Tobasco Rd., Cincinnati, OH 45244, 513-753-HELP (4357). All services are free, including pregnancy test, and materials assistance (diapers, used clothing). Free Programs include parenting classes, post abortion recovery, sexual integrity, finances & self sufficiency, grief (loss of a child), and spiritual care & growth study. www.pregnancyohio.com

Catholic Charities, Covington, KY (formerly Catholic Social Services of Northern Kentucky), 3629 Church Street, Covington, KY 41015, 859-581-8974. Individual, marriage and family counseling, adoption services, substance abuse treatment (DUI) assessments and classes, pregnancy counseling, housing counseling including budget and foreclosure counseling and youth services. www.covingtoncharities.org

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Catholic Charities Southwestern Ohio, 100 East 8th Street, Cincinnati, OH 45202, 513-241-7745. Adoption, pregnancy counseling, teen postponing sexual involvement education, Senior Companions, elderly home and personal care, caregiver support group, individual, couples and family counseling, parenting enrichment programs, psychological testing and evaluations, alcohol and drug education, anger management, body image/eating behavior, Su Casa, refugee resettlement, and jail chaplaincy. Six locations. www.catholiccharitiesswo.org.

Catholic Charities Southwestern Ohio, 140 North Fifth Street, Hamilton, OH 45011, 513-863-6129. Provides services for children, adolescents, and adults. Special populations served are victims of sexual abuse and other forms of abuse and neglect and the adolescent population referred by Juvenile Court for behavior problems. Specialty areas include trauma treatment and play therapy for children. www.catholiccharitiesswo.org.

CDC Mental Health Services, 2100 Pleasant Avenue, Hamilton, OH 45150, 513-868-1562. Provides psychological testing, counseling, medication management and case management services for children, families and adults with behavioral health issues. www.centralclinic.org

Centerpoint Health, 2602 Victory Parkway (administrative office), Cincinnati, OH 45206, 513-221-4673. Behavioral health services to children, adults and families; includes adult outpatient, child and family counseling, adult case management, adult support services, and crisis and prevention Intake: 221-HELP. www.centerpointhealth.org.

Central Clinic, 311 Albert Sabin Way, Cincinnati, OH 45229, 513-558-5823. Provides quality outpatient mental health, substance abuse and forensic services to children, families and adults. Specialized programming for children under the age of 5. Training center for University of Cincinnati psychiatric residents and students. www.centralclinic.org

Central Community Health Board of Hamilton County, Inc. (CCHB), 532 Maxwell Avenue, Cincinnati, OH 45219, 513-559-2000. The mission of CCHB is to provide community leadership and comprehensive behavioral health programs that support a strong, well functioning community and assist residents of southwest Ohio and surrounding areas to achieve their greatest potential and well-being. www.cchbinc.com.

Child Focus, Inc., 555 Cincinnati Batavia Pike, Cincinnati, OH 45244, 513-752-1555. Serves over 5,000 youth ages prenatal to twenty-two years and their families every year. Provides a broad range of childcare, pre-school, and mental health services to support families in 64 locations. Call for a complete list of services. www.child-focus.org

The Children's Home of Cincinnati, 5050 Madison Road, Cincinnati, OH 45227, 513-272-2800. Transforms the lives of vulnerable children facing significant social, behavioral, and learning challenges. An array of campus day programs and community-based services provide thousands of children with the education and mental health programs they need to succeed. www.thechildrenshomecinti.org.

The Christ Hospital, 2139 Auburn Avenue, Cincinnati, OH 45219. The Christ Hospital provides a comprehensive range of inpatient and outpatient mental health services, for adults and senior adults. Outpatient services are provided Monday through Friday. Inpatient services are 7 days a week 24 hours a day. The services are based on many years of expertise in mental health. All services are recovery focused working with patient and their families. www.thechristhospital.com

Cincinnati Academy of Professional Psychology, 7763 Asbury Hills, Cincinnati, OH 45255, 513-779-2181. An organization of psychologists whose purposes are: to promote excellence in the practice of psychology in the Cincinnati area; promote greater public knowledge of the psychological aspects of human behavior; designate and maintain high standards in the professional relationships between psychology and other allied professions and organizations whose aims are compatible with it, and between psychology and the community. Members are licensed psychologists by the State of Ohio who offer their services to individuals, groups, agencies and institutions. www.cappnet.org

Cincinnati Association for the Blind & Visually Impaired, 2045 Gilbert Avenue, Cincinnati, OH 45202, 513-221-8558. Vision rehabilitation services for anyone having functional difficulties due to vision loss. Low vision services, mobility training, ADL teaching, computer training, counseling, early childhood and youth services, talking books and radio reading services. www.cincyblind.org.

Cincinnati Children's College Hill Campus - Division of Child and Adolescent Psychiatry, 5642 Hamilton Avenue, Cincinnati, OH 45224, 513-636-0800. Psychiatry services for children and adolescents. Inpatient, including neuro-psychiatry, partial hospitalization, outpatient and residential treatment program. www.cincinnatichildrens.org/psychiatry, www.cincinnatichildrens.org/residential.

Cincinnati Children's College Hill Family Resource Center, 5642 Hamilton Avenue, Cincinnati, OH 45224, 513-636-7808. The Family Resource Center provides educational information regarding mental health diagnoses and community resources. Our services are free and open to the community. www.cincinnatichildrens.org/frc.

Cincinnati Children's Hospital Medical Center, MLC 5034, 3333 Burnet Avenue, Cincinnati, OH 45229-3039, 513-636-3573. Pediatric Primary Care Clinic (PPC) is an ambulatory outpatient clinic-social work assists patients families with resources needed to create a safe environment for their children. www.cincinnatichildrens.org.

Cincinnati Counseling Service, Inc., 5936 Glenway Avenue, Cincinnati, OH 45238, 513-922-1660. There are three offices in the greater Cincinnati area with 10 licensed counselors on staff to provide individual psychotherapy.

Cincinnati Psychoanalytic Institute, 3001 Highland Avenue, Cincinnati, OH 45219, 513-961-8886. Organization dedicated to excellence in the learning, teaching, and application of psychoanalytic knowledge. Programs provide post-graduate education, support, enrichment, and opportunity for growth for mental health professionals and the larger community. www.cps-i.org.

Cincinnati Union Bethel, 300 Lytle Street, Cincinnati, OH 45202, 513-768-6907. Neighborhood social services including a residence for single women at the Anna Louise Inn downtown, supportive services for women involved in prostitution through the Off The Streets program, and four Head Start early childhood education centers on Cincinnati's west side. www.cinunionbethel.org.

Clermont Counseling Center- NOW LIFEPOINT SOLUTIONS- See new listing

Clermont County Children's Protective Services, 2400 Clermont Center Drive, Batavia, OH 45103, 513-732-7173. Investigates allegations of child abuse, neglect or dependency. Makes reasonable efforts to prevent removal, accepts custody of children from courts holding juvenile jurisdiction, provides temporary emergency shelter or foster homes, secures permanent homes for children who are unable to reunite with their birth family through adoption and administered adoption assistance funding. www.clermontforkids.org

Agency Listings Groups, 2010

Clermont County Family and Children First, 1088 Wasserman Way, Suite B, Batavia, OH 45103, 513-732-5400. Services coordination (Cluster), limited funding of services/supports for multi-need, multi-system children and families. www.clermontfcf.org.

Clermont County Mental Health and Recovery Board, 1088 Wasserman Way, Suite B, Batavia, OH 45103, 513-732-5400. Government agency responsible for planning, monitoring, evaluating and funding mental health and alcohol/drug treatment and prevention services. www.ccmhrb.org.

Clermont Recovery Center, Inc., 1088 Wasserman Way, Batavia, OH 45103, 513-735-8100. Offers a path to wellness for the prevention of and recovery from substance abuse and related issues for individuals and families in our community. www.recoveryctr.org.

Clovernook Center for the Blind & Visually Impaired, 7000 Hamilton Avenue, Cincinnati, OH 45231, 513-522-3860. Promotes independence and fosters the highest quality of life for people with visual impairments through employment and comprehensive program services including training and support for independent living, orientation and mobility instructions, vocational training, job replacement, counseling, recreation and youth services, low vision evaluations, technology instruction and support groups. www.clovernook.org.

Community Behavioral Health, Inc., 820 S. Martin Luther King Jr. Blvd., Hamilton, OH 45011, 513-868-5142. Offering mental health outpatient treatment, outpatient chemical dependency treatment, and other behavioral health services in Hamilton and Middletown, OH. www.communitybehavioralhealth.org

Community Counseling and Crisis Center, 110 South College Avenue, Oxford, OH 45056, 513-523-4149. Programs and services include: countywide 24 hour crisis Hotline/information & referrals, Butler County Rape Crisis Program (24 hour services, including Spanish speaking victims), outpatient therapy program, outpatient alcohol and drug treatment. Hamilton and Oxford: 513-523-4146, Fairfield and West Chester: 513-894-7002, Middletown: 513-424-5498. www.communitycounselingandcrisiscenter.org.

Community Mental Health Center, Inc., 285 Bielby Road, Lawrenceburg, IN 47025, 812-537-1302. Comprehensive services for behavioral health, including community support services, inpatient services, intensive youth services, and outpatient services. www.cmhcinc.org.

Comprehensive Counseling Service, 1659 South Briel Boulevard, Middletown, OH 45044, 513-424-0921. Provides individual and/or group counseling options to increase coping skills for mental health, substance abuse, anger management, domestic violence and parenting issues. Compassionate and professional care for children, adolescents and adults. www.comprehensivecounselingservices.com.

Connections: A Safe Place, 2602 Eden Avenue, Cincinnati, OH 45219, 513-961-2967. Support and education services for survivors of childhood sexual abuse. www.connectionssp.org.

Council on Aging of Southwestern Ohio, 175 Tri County Parkway, Cincinnati, OH 45246, 513-721-1025, 800-252-0155. Area agency on Aging since 1974. Unbiased information and resources for seniors, families and caregivers. Home care programs, comprehensive resource directory and housing database online. www.help4seniors.org.

Council on Child Abuse of Southern Ohio, Inc., 4155 Crossgate Square, Cincinnati, OH 45236, 513-936-8009. Provides education, prevention and awareness programs such as: school-based Personal Safety Programs including peer abuse and Internet safety; Protect and Comfort Infants (PACI) Program that focuses on Shaken Baby Syndrome prevention. Call for a complete list of services. www.cocachild.org

The Counseling Source, Inc., 10921 Reed Hartman Highway, Suite 133, Cincinnati, OH 45242, 513-984-9838. Provides diagnostic assessment and individual counseling, primarily serving the elderly and children. www.thecounselingsource.com

Court Clinic, 909 Sycamore St, Cincinnati, OH 45202, 513-651-9300. Provides forensic assessments and mental health/alcohol or drug treatment to defendants referred from the Hamilton County Municipal and Common Pleas Court system. Gender specific programming for women and men with co-occurring disorders who are involved in the criminal justice system. www.centralclinic.org

Creative Counseling Center, Inc., 7843 Laurel Avenue, Cincinnati, OH 45219, 513-561-5600. Provides individual, family, and marriage counseling.

The Crossroads Center, 311 Martin Luther King Drive, Cincinnati, OH 45219, 513-475-5300. Provides: SAMI services; individual assessment, individual psychotherapy, medical somatic services and group activities for clients who have mental health and substance abuse problems.

The Deaconess Hospital Older Adult Mental Health Services, 311 Straight Street, Cincinnati, OH 45219, 513-559-2750. Provides a psychiatric treatment program for senior adults with a wide range of mental disorders. The inpatient program works with all Mental Health Disorders including Dementia. We also provide an Intensive Out Patient Program/Partial Hospitalization called New Perspectives. www.deaconess-healthcare.com

Deerfield Twp Family Counseling Center, LLC, 7577 Central Parke Blvd, #326, Mason, OH 45040, 513-770-3231. Individual counseling for adults and children, Rational Emotive Behavior, Cognitive, and EMDR therapy, marital and family counseling, Employee Assistance work, weight loss, forensic assessments and treatment for court ordered clients including sexual addiction, anger management, mental health, chemical dependency, and parenting; individual outpatient treatment for chemical dependency; groups for smoking cessation, anger management, and sex offenders. www.famcounsel.com

Down Syndrome Association of Greater Cincinnati, 644 Linn Street, Suite 1128, Cincinnati, OH 45203, 513-761-5400. Provides free support, information and education to people with Down Syndrome and their families throughout the life span.

Epilepsy Foundation of Greater Cincinnati, 895 Central Avenue, Suite 550, Cincinnati, OH 45202, 513-721-2905. Therapeutic camp for children with epilepsy, school support, job training, community education, early intervention, crisis intervention, supportive counseling, support groups, and professional seminars. www.cincinnati-epilepsy.org

Eve Center, PO Box 36483, Cincinnati, OH 45236, 513-985-9959. A non-profit organization, providing free, faith-based services for women to be heard and to heal. We do this through one-to-one peer counseling, groups, a resource center, and educational seminars. www.evecenter.org

Agency Listings Groups, 2010

Families Connected of Clermont County, Inc., 2040 State Route 50, Batavia, OH 45103, 513-732-5034. A parent organization to support and connect families who have a member with a disability. The agency is a volunteer program; a wide variety of services are provided through contracts: Help Me Grow: families of children birth-2 years and volunteers to support families who have children in the educational systems. Individual advocacy and training regarding the special education laws//IDEA. Contract with MHRB-as lead parent contact for the Fast Trac System of Care Grant.

Family Life Center of Northminster, 703 Compton Road, Finneytown, OH 45231, 513-931-5777. Provides support groups, seminars, and mini retreats to strengthen families undergoing life transitions. Please visit the website to see the many programs available. www.tinyurl.com/familylifecenter

Family Nurturing Center, 8275 Ewing Boulevard, Florence, KY 41042, 859-525-3200. Child abuse prevention and treatment organization providing a range of free education, prevention and treatment services in the region. www.familynurture.org.

Family Service – NOW LIFEPOINT SOLUTIONS- See new listing

Fernside Supporting Children and Families Through Grief, 4380 Malsbary Road #300, Cincinnati, OH 45242, 513-745-0111. Offers support and advocacy to grieving children and their families, increases community awareness of children and family grief issues. www.fernside.org.

First Step Home, Inc., 2203 Fulton Avenue, Cincinnati, OH 45206, 513-961-4663. A residential drug and alcohol treatment program for women and women with children. Children 12 years of age and younger are permitted to live with their mothers at First Step Home. On-site child care services are provided for residents. www.firststephome.org

First United Church of Christ, 5808 Glenview Avenue, Cincinnati, OH 45224, 513-541-7302 Ext 14. Year round depression screening and alcohol screening by appointment.

Forensic and Mental Health Services, Inc., 851 Walnut Street, Hamilton, OH 45011, 513-867-5866. Provides mental health and forensic services with a team approach to diagnosis and treatment.

Glad House, Inc., 4721 Reading Road, Building A, Cincinnati, OH 45237, 513-641-5530. Provides mental health counseling and intensive prevention services for children ages 5-12 and their families. Prevention program includes alcohol, tobacco and other drug education, academic tutoring and recreation. www.gladhouse.org.

Greater Cincinnati Behavioral Health Services, 1501 Madison Rd, Cincinnati, OH 45206, 513-354-7000. We address our clients housing, psychiatric, medication, vocational, social and other support needs. Programs include Case Mgt., Assertive Community Treatment, Transitional Youth Services, Path/Homeless Outreach, Deaf Mental Health Services, Day Programs, Mental Health Court and Payee Services. www.gcbhs.com.

Hamilton County Mental Health and Recovery Services Board, 2350 Auburn Avenue, Cincinnati, OH 45219, 513-946-8660. Develop and manage a system of quality mental health and recovery services responsive to individual and family needs and differences. www.hcmhrsb.org.

Harbor House Social Club, 140 Buckeye Street, Hamilton, OH 45011, 513-896-7780. Social club for adults with mental illness, wellness classes and educational programs, cards, bingo, field trips, parties, etc.

Harrison Pavilion Skilled Nursing & Rehabilitation, 2171 Harrison Ave., Cincinnati, OH 45211, 513-662-5800. Skilled nursing, PT, ST, OT, Respite Care. Long Term/Short Term. We accept Medicare, Medicaid and most insurance companies.

Health Resource Center of Cincinnati, Inc., 40 E McMicken, Cincinnati, OH 45202, 513-357-4602. Provides medical care to homeless and full mental health services to indigent and homeless persons on a sliding fee scale. Accredited by CARF, Certified by ODMH and ODADAS.

Healthy Moms and Babies, 2270 Banning Road, Suite 200, Cincinnati, OH 45239, 513-591-5600. Mobile Program: Two mobile units travel to 14 neighborhood sites providing free and confidential services including pregnancy screening, referral to medical care and social services, education regarding pregnancy and childbirth, infant care, child development, and women's health issues. Home Visiting Program: Regularly scheduled home visits are conducted to provide support and resources to pregnant women and their children birth to 3 years. www.healthymomsandbabes.org

Hope Restored Counseling Services, 410 West Loveland Ave., Suite A, Loveland, OH 45140, 513-683-4673. Specializing in working with children, adolescents and families. Also work with various addictions. www.hoperestoredcounseling.com

Housing Opportunities Made Equal (HOME), 2400 Reading Road, Cincinnati, OH, 45202, 513-721-4663. Provides help to people who have experienced housing discrimination because of a mental disability. Education and training on fair housing rights, including reasonable accommodations.

IKRON, 2347 Vine Street, Cincinnati, OH 45219, 513-621-1117. Provides mental health and substance abuse counseling, group therapy services and employment services to individuals with mental health or substance abuse issues and short-term counseling and case management to those in need. www.ikron.org.

Jewish Family Service, 11223 Cornell Park Drive, Cincinnati, OH 45242, 513-469-1188. Individual adult, family, and marital counseling. www.jfscinti.org.

Jewish Vocational Service, 4300 Rossplain Road, Cincinnati, OH 45236, 513-985-0515. Provides assistance for persons in the process of obtaining gainful and meaningful employment.

Joy Outdoor Education Center, PO Box 157, 10117 Old 3-C Highway, Clarksville, OH 45113, 1-800-300-7094. Provides camp and educational opportunities to youth from low income families and youth with medical challenges. www.joec.org.

“Just For Us” Social Club, 5041 Oaklawn Drive, Cincinnati, OH 45227, 513-841-1170. A fun place to relax, enjoy board games, darts, pool, ping pong, arts and crafts, and weekly Bingo. Offers free snacks and coffee, good conversation, and plenty of field trips. Come and see! Just For Us, it's just for you!

Katkin and Associates, 5720 A Signal Hill Ct, Milford, OH 45150, 513-831-9408. Counseling, coaching, testing and diagnostic services, treating ADHD, Anxiety Disorders, Depression, Eating Disorders, Martial and Parenting Issues among others. www.katkintherapy.com

Kentucky Agency for Substance Abuse Policy, KY-ASAP, 859-431-1077, ext. 481. Represents the 8 counties in Northern Kentucky and is charged with promoting policies, education, treatment and enforcement designed to reduce substance abuse in the area. www.nkyasap.org.

Legal Aid Society of Greater Cincinnati and its affiliate Legal Aid Society of Southwest Ohio, 215 East 9th Street, Suite 200, Cincinnati, OH 45202, 513-241-9400 or 800-582-2682. Provides free legal services for low income people in Brown, Butler, Clermont, Clinton, Hamilton, Highland and Warren counties. www.lascinti.org

Agency Listings Groups, 2010

Leukemia and Lymphoma Society, 2300 Wall Street, Suite H, Cincinnati, OH 45212, 513-361-2100. Patient services, support for blood cancer survivors and their families, family support groups, financial aid program, peer to peer counseling. www.lls.org/soh

LifePoint Solutions, (a merger between Family Service and Clermont Counseling Center), 3730 Glenway Ave, Cincinnati, OH 45205, 513-381-6300. A comprehensive counseling agency with expertise in mental health diagnosis and treatment. Licensed and well trained professionals listen to each person's challenges and needs and exercise a practical, professional, and multi-faceted approach to help clients access the tools needed to get them back on track. Offering a wide array of services that include individual, family, and group counseling, mental health and substance abuse treatment, case management, employment services and programs, support for seniors, domestic violence victims, schools, and at-risk children and families. Visit website for all locations. www.lifepointsolutions.org

LifeSpan, Inc., 1900 Fairgrove (Route 4), Hamilton, OH 45011, 513-868-3210. Accredited agency provides outpatient mental health, consumer credit counseling, guardianship and payee services in Butler and Warren counties. www.lifespanohio.org

Lindner Center of HOPE, 4075 Old Western Row, Mason, OH 45040, 513-536-HOPE. Provides patient-centered, scientifically-advanced care for individuals suffering with mental illness. A state-of-the-science, free-standing mental health center, provides psychiatric hospitalization for individuals age 11-years-old and older, outpatient services for all ages, research and voluntary, live-in services. The Center's clinicians are ranked among the best providers locally, nationally and internationally. For more information, visit www.lindnercenterofhope.org.

Mental Health Access Point (MHAP), 311 Albert Sabin Way, Cincinnati, OH 45229-2801, 513-558-8888. The front door to the Hamilton County public mental health system. Mental health professionals are available 24 hours a day. www.centralclinic.org

Mental Health America of Northern Kentucky, 513 Madison Ave. 3rd Floor, Covington, KY 41011, 859-431-1077. Promoting mental wellness and recovery from mental disorders and substance abuse. Services: I & R, DUI, mental health and substance abuse education, employment services, support groups, peer support, and volunteer programs. www.mhanky.org.

Mental Health and Substance Abuse Awareness Committee, 859-431-1077, ext. 486. Volunteers coordinate regional mental health and substance abuse awareness activities. Promotes wellness through screenings, events, cable show, media and education programs. www.guidetofeelingbetter.org.

Mental Health America of Southwest Ohio, 2400 Reading Road, Cincinnati, OH 45202, 513-721-2910. Provides advocacy, education, and the coordination of services including monthly Roundtables, workshops, law enforcement training, information and referral, suicide prevention, Compeer supportive friendships, and the Support Group Clearinghouse for Butler, Clermont, Clinton, Hamilton, and Warren counties. www.mhaswoh.org.

Mental Health Recovery Center of Clinton County, Inc., 953 South South Street, Wilmington, OH 45177, and 975-A Fujitec Dr, Lebanon, OH. 937-383-4441. Provides drug and alcohol services, social and vocational rehabilitation programs, mental health counseling and case management, drug and alcohol counseling, crisis services, intensive home-based treatment and intensive residential rehabilitation, ACT. www.thecenteroh.community.officelive.com

Mental Health Recovery Centers of Warren County, 201 Reading Road, Mason, OH 45040, 513-398-2551. Mental health, drug and alcohol treatment and prevention services and school based therapists to Warren county residents, anger management classes to those 18 and older. www.mhrsonline.org

Mental Health Recovery Services of Warren and Clinton Counties, 107 Oregonia Road, Lebanon, OH 45036, 513-695-1695. The board of alcohol, drug addiction and mental health services for Warren and Clinton counties. Contracts with various non-profit agencies to carry out programs and services for individuals seeking mental health and/or substance abuse services. www.mhrsonline.org

Mercy Hospital Clermont Department of Behavior Medicine, 3000 Hospital Drive, Batavia, OH 45103, 513-732-8629. Brief, acute inpatient treatment program that treats adults who require comprehensive psychiatric evaluation and treatment to stabilize their psychiatric symptoms. Crisis intervention and individualized, structured treatment are provided for patients needing an intensive and safe environment. www.ehealthconnection.com/regions/mercy_cincinnati/Behavioral_MentalHealth.asp.

Mercy Professional Services, 2330 Victory Parkway, Suite 500, Cincinnati, OH 45206, 513-221-2330. Provides counseling for adults, children, adolescents, couples, and families regardless of color, creed, or ability to pay. Various groups offered periodically. Call for a complete list of services. <http://mercyprofessionalservices.community.officelive.com>

Middletown Counseling Center, 1131 Manchester, Middletown, OH 45042, 513-422-7016

Mighty Vine Wellness Club, 2347 Vine Street, Cincinnati, OH 45219, 513-241-9355. Provides wellness and fitness, strength and cardiovascular exercise, recreational training, Tai Chi, Qi Gong, and Reiki classes for people with mental illness and the general public. www.mightyvine.org.

NAMI (National Alliance on Mental Illness) Butler County, 5963 Boymel Drive, Fairfield, Oh 45014, 513-860-8387. Reaches out to families and people whose lives are impacted by mental illness with support, information, education and advocacy. www.namibutler.net.

NAMI - Clermont County, 1088 Wasserman Way, Ste. B, Batavia, OH 45103, 513-732-5419. Provides support, advocacy, and education for family members and friends of those with serious mental illness. www.nami-cc.org.

NAMI - Hamilton County, 3805 Edwards Road, #130, Cincinnati, OH 45209, 513-351-3500. Provides support, education and advocacy for those affected by mental illnesses to include family members and/or friends. www.nami-hc.org.

NAMI - Northern Kentucky, PO Box 74106, Dayton, KY 41074-0106, 859-261-4080. Location: St. Bernard School, 401 Berry St., Dayton, KY. 859-261-4080. Provides support, education and advocacy that empowers behavioral health consumers and their family members and friends to make the best possible decisions with regard to mental health issues.

NAMI - Warren County, PO Box 525, Lebanon, OH 45036, 513-695-3650. Grassroots organization that provides support, education and advocacy to families and individuals impacted by mental illness. www.nami-wc.org.

National Youth Advocate Program, 11156 Canal Road, Suite A, Cincinnati, OH 45241, 513-722-6166. Therapeutic foster care, outpatient mental health counseling for children and families. www.nyap.org.

Agency Listings Groups, 2010

Necco, 415 Glensprings Dr. #201, Cincinnati, OH 45246, 513-771-9600. Therapeutic foster care, therapy services, psychiatric services and CPST for Medicaid eligible youth 18 and younger. www.necco.org.

New Housing Opportunities, Inc., 4055 Executive Park Drive #125, Cincinnati, OH 45241, 513-554-4567. Provides access to safe, decent and affordable housing, transportation, employment and related support. www.newhousingopp.org

New Perspectives at Deaconess Hospital, 415 Straight Street, Goetz, 3rd floor, Cincinnati, OH 45219, 513-559-2750. Psychiatric partial hospitalization, intensive outpatient treatment program for adults 50 years and plus. Provides services for a range of mental health disorders. www.dhnewprospectives.com

Northern Kentucky Area Development District - Northern Kentucky Area Agency on Aging & Independent Living, 22 Spiral Drive, Florence, KY 41042, 859-283-1885. Aging services that include NK Aging & Disability Resource Center, in-home services, legal services, ombudsman, adult day services, caregiver support, transportation, senior centers, and nutrition program. www.nkadd.org.

Northern Kentucky Community Action Commission Head Start, 437 West 9th Street, Newport, KY 41071, 859-431-4177. Provides children with activities that help them grow mentally, socially, emotionally, and psychologically. Head Start members offer love, acceptance, understanding, the opportunity to learn, and to experience success. Call for a complete list of services. www.nkcac.org.

NKY People Advocating Recovery & Treatment (PART), 513 Madison Avenue, 3rd Floor, Covington, KY 41011, 859-283-9222. NKY PAR is an advocacy group composed of people in recovery, family members and friends affected by addiction, and people who work in the field of addictions.

NorthKey Community Care, 503 Farrell Drive, Covington, KY 41011, 859-331-3292. Provides community-based mental health, substance abuse, and developmental disability services, individual, family and group counseling, child and adolescent inpatient services, psychological assessment, psychiatric evaluation and treatment. Call for a complete list of services. www.northkey.org.

NorthKey Community Care and Support Services, 722 Scott Street, Covington, KY 41011, 859-431-1888. Provides psychiatric care, outpatient services, therapeutic rehabilitation, employment support, housing subsidy advocacy program, and case management. Call for a complete list of services. www.northkey.org

Northland, 50 West Techne Center Drive, Suite B5, Milford, OH 45150, 513-753-9964. Provide ambulatory detoxification for adults. Have intensive outpatient services for adults and adolescents. Other services are Relapse Prevention Group, Continuing Care, Family Education, Weekend Education Program. www.northlandmbs.com.

OSHIIP, 50 West Town Street, 3rd Floor, Suite 300, Columbus, OH 43215, 800-686-1578. The Ohio Senior Health Insurance Information Program (OSHIIP) is an education and advocacy program funded by both the federal government and the State of Ohio's Department of Insurance. We assist Medicare beneficiaries, regardless of age, in learning about their Medicare options and rights via a national toll free line (800-686-1578), reader friendly publications, a speaker's bureau, over 900 community-based volunteers and an awarding-winning website. www.insurance.ohio.gov

Ohio Federation for Children's Mental Health, 513-761-6030. A statewide family coordination and advocacy organization dedicated to supporting children and youth who experience mental, emotional, and/or behavioral disorders, and their families. Provides individual and systems advocacy, navigational support, and technical assistance to facilitate partnerships. www.ohiofederation.org

Open Door, 2366 Kemper Lane, Cincinnati, OH 45206, 513-961-2259. Food pantry M, W, Th & Fri at 9:30am for zip codes 45206, 45207 & 45219. Drop in area with coffee and donuts. Everyone welcome. Representative Payee Program. (NO FINANCIAL ASSISTANCE).

Oxford Seniors, 922 Tollgate Drive, Oxford, OH 45056, 513-523-8100. Congregate meals Monday-Thursday, activities, classes, crafts, social activities, screenings, support groups, help with insurance, volunteer opportunities, transportation, information and referral, friendly visitor and adult day care. www.oxfordsenior.org.

PLAN of Southwest Ohio, Inc., 11223 Cornell Park Drive, Cincinnati, OH 45242, 513-821-6111. Planning and providing lifelong assistance to people with disabilities. www.planswohio.org.

The Partnership for Mental Health, Inc., Mercy Hospital Clermont Department of Behavioral Medicine, 300 Hospital Drive, Batavia, OH 45103, 513-732-8558. A regional collaborative of agencies sharing goals of increasing awareness of mental health issues, working to eliminate stigma that surrounds mental disorders and advocating for those challenged by mental illness in the Greater Cincinnati region. www.partnershipformentalhealth.org.

Phoenix Place, 4 Cecelia Drive, Amelia, OH 45102, 513-752-6170. A peer-run recovery center for people living with a mental illness who are choosing to empower themselves and grow in their recovery. The phoenix Place provides classes focused on recovery skills, computer skills and job readiness. www.phoenixplace.org.

Planned Parenthood Southwest Ohio Region, 2314 Auburn Avenue, Cincinnati, OH 45219, 513- 721-7635. Works to ensure affordable, quality reproductive health care to all individuals through medical services, education and advocacy. Dedicated to enhancing the health and well-being of people in our community regardless of age, race or income. www.plannedparenthood.org/swoh.

Pregnancy Center of Clermont, 1676 State Route 125, Amelia, OH 45102, 513-753-7677. All services are free. We only house pregnant women in need of housing. We offer pregnancy testing, help with Healthy Start paperwork, free layettes for babies and clothing to age 8, diapers and formula, if we have them donated. Also good used baby cribs, strollers, car seats, etc.

Pressley Ridge, 7162 Reading Road, Suite 900, Cincinnati, OH 45237, 513-559-1402. Provides in-home community support, therapeutic foster care, and 24 hour on-call support for agency participants. www.pressleyridge.org.

Reading Youth Services, 1223 Jefferson Avenue, Reading, OH 45215, 513-733-5623. Provides low intensity, short-term mental health and academic support services through community school-based contracts, monthly alcohol and drug education, theft intervention and education program for youth and young adults. Call for a complete list of services. www.readingohio.org

The Recovery Center of Hamilton County, 2340 Auburn Avenue, Cincinnati, OH 45219, 513-241-1411. A "Consumer Driven Service" that offers a variety of peer support and self-help education, vocation and community involvement activities and services. www.recoverycenterhc.org.

Agency Listings Groups, 2010

Recovery Health Access Center (RHAC), 513-281-7422. Free referral service to facilitate access to alcohol and other drug treatment, prevention, and information.

Recovery International Greater Cincinnati/Louisville Area 140, 513-379-6233, email: recovinccin@zoomtown.com The mission of Abraham Low Self-Help Systems is to use the cognitive-behavioral, peer-to-peer training system developed by Dr. Abraham A. Low, MD, to help individuals gain skills to lead more peaceful and productive lives. We meet this mission by providing mental health self-help RI groups to community, telephone and online meetings. For depression, anxiety, fears, anger, bizarre thoughts, and other nervous symptoms. www.lowselfhelpsystems.org

Recovery Network of Northern Kentucky, 605 Madison Avenue, Covington, KY 41011, 859-431-2134. Peer specialists offer at no charge, goal oriented support for people who want help with their recovery from mental illness or substance abuse. Individual assistance and group activities help clients achieve their Employment, Mental Health, Physical Health, Social Health, Education, Housing, Legal issues and Substance Abuse goals. www.rnkc.org.

SAMS Program at Mt. Airy Center, 2660 Diehl Road, Cincinnati, OH 45211, 513-661-2254. Substance abuse management services for the persistently homeless men served by Mt. Airy Center. Operated by HCDJFS and owned by The City of Cincinnati.

Sibcy House, 4075 Old Western Row, Mason, OH 45040, 1-888-537-4229. Sibcy House, Lindner Center of HOPE's premiere, residential private-pay program offers individualized mental health and addictive disorders treatment for patients age 18 years and older. Patients at Sibcy House benefit from treatment by physicians as well as doctorate and masters level professionals in an environment offering the utmost in discretion – creating a healing experience not found in traditional hospitals or mental health clinics. www.sibcyhouse.org

St. Aloysius Orphanage, 4721 Reading Road, Cincinnati, OH 45237, 513-242-7600. A family teaching center offering partial hospitalization services and all-day school (grades K-8; ages 5-14), after school partial hospitalization (ages 5-14), therapeutics foster care (birth-18), outpatient services including, case management, therapy (including in school), med some services and crisis respite (ages 6-17). For more information contact us at www.stalorsphanage.org.

St. Joseph Orphanage, 5400 Edalbert Road, Cincinnati, OH 45239, 513-741-3100. Provides crisis stabilization, short term residential treatment, after school and full day partial hospitalization, community support services, home based therapy, specialized education, and a full continuum of services specializing in sexual behavior disorders. www.sjokids.org.

St. Vincent de Paul Social Services, 1125 Bank Street, Cincinnati, OH 45214, 513-562-8841. Emergency assistance in meeting basic needs of food, shelter, utilities, clothing, transportation, identification and job readiness. Medication through charitable pharmacy 513-562-8841 Ext.230. www.svdpcincinnati.org

The Salvation Army and Family Service Bureau, 131 East 12th Street, Cincinnati, OH 45202, 513-762-5660. Provides counseling for personal-family issues, parent-child difficulty, divorce, grief, stress and employment issues, group counseling, advocacy, emergency assistance and counseling, emergency shelter for homeless women/children. www.salvationarmy.org

Santa Maria Community Services, 718 State Avenue, Cincinnati, OH 45204, 513-557-2700. Housing advocacy, Every Child Succeeds, Meals on Wheels, senior support group, school readiness programs, supportive services for seniors, Wellness program. www.santamaria-cincy.org.

Social Security Administration, 2 offices in Cincinnati, 1 in Batavia, 1 in Middletown, 1 in Hamilton, 1 in Florence KY, 1-800-772-1213. Administers Social Security and Supplemental Security Income (SSI), the largest Federal programs that provide assistance to people with disabilities. www.socialsecurity.gov.

Speaking of Life/Zassco Inc., 5843 Harrison Ave., #204, Cincinnati, OH 45248, 513-407-4807. Provides speakers on bipolar disorder, mental health and well being. www.paulejones.com

Stepping Stones Center, 5650 Given Road, Cincinnati, OH 45243, 513-831-4661. Provides year-round opportunities for children and adults with disabilities which increase independence, improve lives and promote inclusion. www.steppingstonescenter.org.

Summit Behavioral Healthcare, 1101 Summit Road, Cincinnati, OH 45237, 513-948-3600. Provides forensic, Specialized Services to the severely mentally ill population in a seven county area in Southwest Ohio.

Talbert House, 2600 Victory Parkway, Cincinnati, OH 45206, 513-751-7747. A regional nonprofit network of social services providing mental health, substance abuse, community corrections, and welfare-to-work programs that focus on prevention, assessment, treatment and reintegration. www.talberthouse.org.

Tender Mercies, Inc., 27 West 12th St., Cincinnati, OH 45202, 513-721-8666. Tender Mercies provides housing and supportive services to homeless persons with histories of mental and/or emotional disabilities. www.tendermerciesinc.org

Transitional Living, Inc., 2052 Princeton Road, Hamilton, OH 45011, 513-863-6383. Provides a uniquely organized and coordinated range of behavioral health services i.e.; case management, counseling, pharmacological management, 2 mental courts and PATH services for adults in Butler County. Service is focused toward adults with severe and persistent mental illnesses. www.tliving.org.

Twin Towers Retirement Community, 5343 Hamilton Ave., Cincinnati, OH 45224, 513-853-2005. Provides clinical pastoral education. www.lec.org

United Cerebral Palsy of Greater Cincinnati, 3601 Victory Parkway, Cincinnati, OH 45229, 513-221-4606. Provides a full range of services to persons with disabilities, including recreational and leisure activities, technology training, creative arts, and advocacy. www.ucp-cincinnati.org.

United Way of Clinton County, 31 West Main St, Wilmington, OH 45177, 937-383-4846. Brings people and resources together to make positive and lasting changes for our community. "Our Community Helping Itself!" For assistance dial 211 from any Clinton County land line phone. www.unitedway-clinton.org.

United Way 211/Greater Cincinnati, 2400 Reading Road, Cincinnati, OH 45202, Dial 211. 24/7 Comprehensive Information and Referral service for health and human services. Service delivery area includes the following in Ohio (Hamilton, Clermont and Brown counties) and in Kentucky (Boone, Kenton, Campbell and Grant counties). www.uwgc.org.

United Way of Greater Cincinnati, 2400 Reading Road, Cincinnati, OH 45202, 513-762-7100. United Way is a leader and community catalyst mobilizing the caring power of individuals and organizations to help people measurably improve their lives. www.uwgc.org.

Victim Assistance, 285 Main Street, Batavia, OH 45103, 513-732-7979. A division of Clermont Prosecuting Attorney, Provides information and referral to victims of crime, court accompaniment during court hearings, and assistance in the Crime Victim Compensation application process.

Agency Listings Groups, 2010

Volunteers of America, Ohio River Valley, 4100 Executive Park Dr #400, Cincinnati, OH 45241, 513-381-1954. Provides inpatient and outpatient alcohol and drug addiction treatment, supportive living services for the elderly including the homeless, disabled, and veterans. www.voarv.org

Warmline, 2347 Vine Street, Cincinnati, OH 45219, 513-621-9276. A consumer-run phone support service for individuals with mental illness. It operates 24 hours a day, seven days a week, 365 days a year. Individuals can call and speak to a live person. The support is available to assist them in addressing any personal or stress related issues impacting their mental health. Call Us! 931-WARM (9276)! www.cincywarmline.org.

Warren County Community Services, Inc., (WCCS) 570 North State Route 741, Lebanon, OH 45036, 513-695-2100. For more than 40 years, WCCS has served as the primary link for social services in Warren County. WCCS operates a wide range of programs including: The 741 Center, Aging Services, Early Learning Centers, Family and Senior Housing, Family Services, Meals on Wheels, Home Energy Assistance, Home Winterization, Retired and Senior Volunteer Program (RSVP). www.wccsi.org

Warren County United Way, 645 Oak St, Lebanon, OH 45036, 513-932-3987. Warren County United Way, through fundraising and partnerships, brings lasting change to our community by improving people's lives through the support of 29 agencies and nearly 60 programs. www.warrencountyunitedway.org.

The Wellness Community – Greater Cincinnati and Northern Kentucky, 4918 Cooper Road, Blue Ash, OH 45242, 513-791-4060. Provides free professionally facilitated support groups, educational programs, stress management, exercise and fitness classes, nutrition education, and social opportunities for people with cancer and their loved ones. Services are available at several locations throughout Greater Cincinnati and Northern Kentucky. www.thewellnesscommunity.org/cincinnati

Wilmington Counseling Associates, 120 West Main St., Wilmington, Oh 45177, 937-383-2282. Provides marriage and family counseling, individual counseling, group therapy, education and consultation, (parent education, stress management, DBT, communication skills), domestic relations mediation. Most insurance plans cover services.

Women Helping Women, 215 East Ninth Street, 7th Floor, Cincinnati, OH 45202, 513-977-5541 (Business), 513-381-5610 (24-hour Crisis Line). Short term crisis intervention, support groups, court and law enforcement advocacy and hospital accompaniment for survivors of sexual assault, domestic violence and stalking. Also offers community education about the issues of sexual assault, domestic violence and stalking. www.womenhelpingwomen.org.

Women's Crisis Center, 835 Madison Avenue, Covington, KY 41011, 859-491-3335, Toll free 800-928-3335. Rural Service Center, 3580 Hargrave, Hebron, KY 41048, 859-647-2388. Outreach sites located in Williamstown, KY, 859-824-7697 and Carrollton, KY, 502-732-0101. Provides training and services with Human Trafficking, call 859-491-3335. www.wccky.org

YWCA of Greater Cincinnati Eastern Area, 55 South Fourth Street, Batavia, OH 45103, 513-732-0450. Provides crisis intervention, education, training, advocacy and other services to Adams, Brown, and Clermont Counties. The House of Peace provides emergency shelter, counseling and advocacy to women and children experiencing domestic violence. The Sexual Assault Service Program provides prevention education services, advocacy and crisis intervention services through our 24-hour hotline. www.ywcacincinnati.org.

YWCA of Hamilton, 244 Dayton Street, Hamilton, OH 45011, 513-856-9800. Supportive housing for women with a mental health diagnosis, transitional housing, literacy program, Dove House shelter for victims of domestic violence. www.ywcahamilton.com.

JOIN US!

We invite you to become a member of MHASWOH.

Mental Health issues affect one in five adults and children in Southwest Ohio and 80% don't seek treatment. To help end this situation, community mental health education and outreach must be increased in order to improve access to information and services. By teaching the community that mental illnesses are real, common, and treatable, we will be able to significantly and positively impact the lives of those living with mental illnesses. Your support will help us continue to accomplish these goals. Never have we needed your help more!

To learn more about becoming a member of MHASWOH or sponsoring MHASWOH programs and services, call 513-721-2910 or join online at www.mhaswoh.org.

We accept checks and credit card donations throughout the year. All financial gifts to the agency are tax-deductible to the full extent of the law.

Support Groups, 2010

For a complete listing of support groups in the Greater Cincinnati area, contact Sheila Sims at Mental Health America's Support Group Clearinghouse, (513) 721-2910, ext.12, or find over 600 groups listed on our website, www.mhaswoh.org.

Abuse/Assault/Domestic Violence

Monday evenings, 7:00-8:30 p.m., Survivors of Childhood Sexual Abuse, 2602 Eden Avenue, Contact: Rebecca Born, Connections: A Safe Place, 513-961-2967, donation, call first.

Wednesdays, 6:30 p.m. Domestic Violence Support Groups, Abuse and Rape Crisis Shelter of Warren County, call center for information and child care arrangements, Contact: 513-695-1107.

Tuesdays, 2:00-3:00 p.m., SAFE group, IKRON, 2343 Vine Street, Contact: L. Monica Negrila, 513-621-1117.

Domestic Violence/Sexual Assault Support Groups, Women Helping Women, call for locations and times, Contact: 513-381-5610.

Support Groups for children who have been abused and for their family members, Family Nurturing Center, call for locations and times in Northern Kentucky, Contact: 859-525-3200.

Addiction

Alcoholics Anonymous, 12 step recovery program, numerous groups and locations, Contact: 513-351-0422.

Narcotics Anonymous, 12 step recovery program, call for meeting times and locations, Contact: 513-820-2947.

Nicotine Anonymous, 12 step recovery program, call for meeting times and locations, Contact: 513-230-5475.

CoDA (Co-Dependents Anonymous) 12 step group, call for meeting times and locations, Contact: Ann, 513-231-0733.

Smart Recovery, abstinence-based recovery through behavior awareness and modification program, 5 locations and meeting times, Contact: 891-2229 or 521-2391.

Substance Abuse Therapeutic Groups, Price Hill, Tuesdays, 7:00-8:30 p.m., Sharonville, Tuesdays, 6:00-7:30 p.m. and Wednesdays, 5:00-8:00 pm., Contact: LifePoint Solutions, 513-345-8555.

Mondays, 7:00-8:30 p.m., Celebrate Recovery, Cornerstone United Methodist Church, Contact: Jennifer Bailey, 513-874-0910.

Mondays, 7:00-8:45 p.m., and Wednesdays, 7:15-8:15 p.m., Open 12 Step Christian Recovery Group, Vineyard Community Church, 11340 Century Circle East, Cincinnati, Contact: 513-671-0422 ext. 335.

Mondays, 7:00-8:45 p.m., Men's Healthy Sexuality (12 step) and Sexual Addiction Spousal Support Groups, Vineyard Community Church, 11340 Century Circle East, Cincinnati, Contact: 513-671-0422 ext. 335.

Wednesdays, 2:00-4:00 p.m., Afternoon Discussion Support Group, Alcoholism Council of the Cincinnati, 2828 Vernon Place, Contact: Receptionist, 513-281-7880.

Thursdays, 6:00-9:00 p.m., Clermont Recovery Center, for friends and relatives of addicted persons, Contact: Janet Monk, 513-735-8100.

ADHD

4th Tuesday, 7:00 p.m. (except summer and December), Attention Deficit Disorder, Suburban Cincinnati C.H.A.D.D., (Children and Adults with Attention Deficit Disorders), First Baptist Church of Mason, 735 Reading Road, Contact: C.H.A.D.D., Helpline, 513-459-6080.

Alzheimer's

Many groups and locations in area, Contact: Alzheimer's Association, Greater Cincinnati Chapter, 513-721-4284.

Anger Management

Tuesdays, 2:00-3:00 p.m., SAFE group, IKRON, 2347 Vine Street, Contact: 513-621-1117.

Mondays and Thursdays, The Salvation Army and Family Service Bureau, 131 East 12th Street, Cincinnati, for Hamilton County residents who are referred or who self refer. Contact: Larry Harvey, 513-762-5618.

Anger management educational groups, Greater Cincinnati, Clermont County and Northern Kentucky locations, Contact: Lifepoint Solutions, (formerly Family Service), 513-345-8555.

Anxiety/Depression

Weekly meetings at different locations and times, Recovery International & RE-Discovery, Contact: Call for local locations and times, Carol Jones, 513-379-6233.

2:00-3:30 p.m., five Sunday afternoons, call for next scheduled group, Understanding and Reducing Depression Educational Group, Family Life Center, 703 Compton Road, Contact: Diane Kinsella, 513-931-5777.

1st and 3rd Mondays, 6:30-8:30 p.m., Men and Depression Support Group, 4760 Madison Road, Contact: Eric Bair, 513-321-8286.

Wednesdays, 2:00-3:00 p.m., Depression Group, IKRON, 2347 Vine Street, Contact: L. Monica Negrila, 513-621-1117.

1st and 3rd Wednesdays, 6:00-7:30 p.m., Anxiety/Panic Disorder Support Group, The Christ Hospital, Level A, Classroom 7, 2139 Auburn Ave., Contact: Sheila Sims, 513-721-2910 ext.12.

Thursdays, 6:30-8:00 p.m., Depression Support Group, Lakeside Presbyterian Church, 2690 Dixie Highway, N.Ky Contact: Mental Health America of Northern Kentucky, 859-431-1077.

Bipolar/Depression Disorder

1st and 3rd Mondays, 7:00-8:30 p.m., Depression and Bipolar Alliance Support Group, United Methodist Church, 314 N. Ft. Thomas Ave., Ft. Thomas, Contact: Barb, 859-441-5303.

Tuesdays, 6:00-7:45 p.m., Bipolar Disorder Support Group, The Christ Hospital, Classroom 3, Level A, 2139 Auburn Ave., Contact: Lisa Zwein, Centerpoint Health, 513-281-2273 or Sheila Sims, 513-721-2910 ext. 12.

Wednesdays, 7:00-9:00 p.m., Cincinnati Depression and Bipolar Support Group, College Hill Presbyterian Church, 5742 Hamilton Avenue, Contact: Carol, 513-250-7067

Thursdays, 1:30-2:30 p.m., Depression Bipolar Support Group (DBSA), Recovery Center of Hamilton County, 2340 Auburn Ave., Contact: Ken Jones 513-485-5438 or Robin Roland, 513-545-8842.

Saturdays, 1:00-3:00 p.m., Depression and Bipolar Support Group, Phoenix Place, 4 Cecilia Drive, Amelia, Oh, Contact: Taressa, 513-732-5418.

Caregiver Support Groups

Various Dates and Times, Caregiver Assistance Network, more than 30 locations in Greater Cincinnati, Contact: CARELINE, 513-929-4483.

Divorce Support Group

Monday nights for 7 weeks, 7:00-9:00 p.m., call for next start date, Family Life Center, 703 Compton Road, Contact: Diane Kinsella, 513-931-5777.

Wednesdays, 7:00 p.m., After Divorce, Deerfield Twp. Family Counseling Center LLC, 78577 Central Parke Blvd, # 326, Mason, OH, Contact: Jennifer Back, 513-770-3231.

Eating Disorders

1st and 3rd Tuesdays of the month, 5:45-7:00 p.m., 3200 Burnet Avenue, Contact: Jenny, 513-207-3010 or Greg, 513-531-8727.

Employment Assistance

Tuesdays, 10:30-11:30 a.m., Job Club, support and skills for gaining employment, Recovery Center of Hamilton County, Contact: Dee Adams, 513-241-1411.

Support Groups, 2010

Family Groups

One to one support anytime, Parent to Parent Mentoring Program, for parents of children who are patients at CCHMC Psychiatric, Cincinnati Children's College Hill Campus, Contact: Parent Coordinator, Yvetta Collins, 513-636-9844.

Boundaries in Marriage, 8 week evening group, Family Life Center, 703 Compton Road, call for schedule, Contact: Diane Kinsella, 513-931-5777.

Family and parenting classes and groups, Beech Acres Parenting Center: Contact for schedule: Beech Acres, 513-233-4706.

1st Sunday of the month, 12:15 p.m., LENS Support Group, learning, education, networking and support for anyone dealing with a mental illness/brain disorder, Church of the Savior, 8005 Pfeiffer Road, Contact: NAMI-HC, 513-351-3500.

1st Monday, 7:00 p.m., Family/Friends Support Group, NAMI-NKY, Walton Christian Church, 50 S. Main St., Walton, Ky. Contact: 859-261-4080.

3rd Monday of the month (fourth Monday in January and February), 6:00-7:15 p.m., Family to Family Support Group, Rookwood Tower, 5th Floor, 3805 Edwards Road, Contact: NAMI-HC, 513-351-3500.

2nd Tuesday, 6:45 p.m., Caring and Sharing, 1088 Wasserman Way, Ste B, Batavia, NAMI-CC, Contact: 513-732-5419.

4th Monday of the month, 7:00 p.m.-8:30 p.m., Family and Friends Support Group, NAMI-NKY., Erlanger Baptist Church, 116 Commonwealth Ave., Erlanger, Ky., Contact: 859-261-4080.

4th Tuesday of the month, 7:00-8:30 p.m., Family Support Group, Atrium Medical Center, Contact: NAMI-WC, 513-695-3650.

3rd Tuesday of the month, 5:00-6:30 p.m., Family Support Group, Summit Behavioral Healthcare, 1101 Summit Road, Contact: NAMI-HC, 513-948-3899 or 513-351-3500

2nd Thursday of the month, 7:00 p.m.-8:30 p.m., Family and Friends Support Group, NAMI-NKY., Hebron Lutheran Church, 3140 Limaburg Rd., Hebron, Ky. Contact: 859-261-4080.

1st Saturday, 1:00-2:30 p.m., For Parents of Children up to age 18 who have a mental illness or SED, Children's Hospital-College Hill Campus, 5642 Hamilton Avenue, Contact: NAMI-HC office, 513-351-3500.

Families Connected of Clermont County, for families who have a member with a disability, 2040 US 50, Batavia, Oh, call for more information, Contact: Jean Houston or Brenda Cox, 513-732-5034.

Grief

Tuesday nights for 6 weeks, 7:00-9:00 p.m., Family Life Center, 703 Compton Road, Contact: Diane Kinsella, 513-931-5777.

Evening and School Support Groups for grieving children, times vary, call for more information, registration required, Blue Ash, Western Hills, Anderson Township, and Liberty Township, Contact: Fernside Center for Grieving Children, 513-745-0111.

3rd Thursday, 7:00 p.m., Parents of Murdered Children, 5181 Natorp Blvd., Suite 113, Mason, Oh. Contact: Nancy, 513-521-7190.

Men

Mondays, 1:00-2:00 p.m., Support Group for Men, IKRON, 2347 Vine Street, Contact: L. Monica Negrila, 513-621-1117.

Mental Health General

24hour/7 days a week telephone support if you need to talk, WARMLINE, Contact: 513-931-WARM (9276).

1st and 3rd Mondays, NAMI Connection, consumer support, Lindner Center of HOPE, Mason, Contact: 513-695-3650.

4th Monday of each month, 7:00-8:00 p.m., NAMI-NKY Share and Care Support Group, Erlanger Baptist Church, Christian Life Center, 116 Commonwealth Road, Erlanger, Contact: Kathy Keller, 859-866-0270.

Wednesdays, 12:00 noon, Mental Health Support Group, for any person suffering from a mental illness, The Phoenix Place, 4 Cecelia Drive, Amelia, Oh, Contact: 513-752-6170.

2nd and 4th Thursdays, 7:00 p.m., The Friendship Club, social group for mental health consumers, Downtown YMCA, 2nd and Market Street, Hamilton, Contact: Sue Williston, 513-874-7455.

3rd Thursday, 7:00 p.m., NAMI of Butler County, 2052 Princeton Rd. Hamilton, Contact: Sally Fiehrer, 513-860-2130 ext.12

Monday-Friday, 10:00-4:00, Peer Support/Recovery Education, Recovery Center of Hamilton County, Contact: Chris Pedoto or Angela Ostholthoff, 513-241-1411.

Monday-Friday, 9:00-3:00, Peer Recovery Support and Classes, Phoenix Place, 4 Cecelia Drive, Amelia, Contact: 513-752-6170

Parenting

Single Parent Support Group, Family Life Center, 703 Compton Road, Contact: Diane Kinsella, 513-931-5777.

Boundaries with Kids, 6 week series, Family Life Center, 703 Compton Road, Contact: Diane Kinsella, 513-931-5777.

Personal Growth

Mondays, 7:00-8:45 p.m., Overcoming Adversity, open to anyone going through tough times, Vineyard Community Church, 11340 Century Circle East, Cincinnati, Contact: 513-671-0422 ext. 335

Mondays, 7:00-8:45 p.m., Monday Night Solutions, interactive DVD presentation by Dr. Henry Cloud and Dr. John Townsend addressing issues such as communications, relationships, emotions and many more, Vineyard Community Church, 11340 Century Circle East, Cincinnati, Contact: 513-671-0422 ext. 335.

Thursdays, 7:00-8:30 p.m., 7 week series, Six Weeks to a Simpler Life, Family Life Center, 703 Compton Road, Contact: Diane Kinsella, 513-931-5777.

Saturdays, 10:30 a.m.-noon, 6 week series, Creating Your Journey to the 2nd Half of Life, Family Life Center, 703 Compton Road, Contact: Diane Kinsella, 513-931-5777.

1st Saturday, 9:00-10:30 a.m., Free yoga class (benefits a local agency each month through class donations), Main Street Yoga Center, 120 W. Main St., Wilmington, Oh, Contact Jane Newman, 937-725-7978.

Schizophrenia

Wednesdays, 2:45-3:45 p.m., Schizophrenics Anonymous Support Group, Recovery Center, 2340 Auburn Ave., Contact: Chris Pedoto or Angela Ostholthoff, 513-241-1411.

Suicide

1st Tuesday of each month, 7:00-9:00 p.m., Survivors After Suicide Group, United Church of Christ, 15 S. Fort Thomas Ave., Ft. Thomas, Contact: Carol and Ken Himes, 859-441-1958.

2nd Tuesday of each month, 7:00-9:00 p.m., Survivors After Suicide Support Group, Hyde Park Bethlehem UMC, 377 Hyde Park Ave, Contact: Dusty Hodges, 513-533-4141.



Support Groups, 2010

1st Monday of each month, 6:00-7:30 p.m., Survivors After Suicide Support Group, American Foundation for Suicide Prevention, Clermont County Mental Health and Recovery Board, 2088 Wasserman Way, Contact: Liz Atwell, 513-721-2910 ext. 15.

3rd Monday of each month, 7:00-9:00 p.m., Survivors After Suicide Support Group, Mercy Franciscan Terrace, 80 Compton Rd. Contact: Betty Schoelle, 513-385-6110.

3rd Tuesday of each month, 7:00-8:30 p.m., Survivors After Suicide Support Group, Countryside Community Church, Swisher Room, 1436 Deerfield Rd., Lebanon, Contact: Bobbi Wagner, 513-652-1017.

Trichotillomania

1st and 3rd Tuesdays, The Christ Hospital, Level A, Classroom 7, 2139 Auburn
Contact: Dr. Ed Shelleby, 513-559-2066.

Women

Mondays, 1:00-2:00 p.m., Women's Support Group, IKRON, 2347 Vine Street,
Contact: L. Monica Negrila, 513-621-1117.

Thursdays, 2:45-3:45 p.m., Women's Support Group, Recovery Center of Hamilton
County, 2340 Auburn Avenue Contact: Angela Ostholthoff, 513-241-1411.